



How to Access your Benefits

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Medical & Dental Plans



Aetna (Medical, Dental & Vision):

- Visit [Aetna](#) to create your online account. Members can access their account/digital card via [Aetna Health](#) app
 - If you have not received your Member ID yet, you can use your social security number to register your account
- **Medical Plans** – For families: up to 5 individuals are listed on one card. If spouse is included on plan, employee will receive 2 cards per household. Can request additional cards by contacting Aetna directly.
 - HMO Member Services: (800) 445-5299
 - EPO/PPO Member Services: (877) 204-9186
- **Dental Plans** - ID cards are not issued. Members can access their member information online or through app
 - Dental Member Services: (877) 238-6200
- **Vision Plan** – ID cards are mailed directly within 5-7 days after enrollment is received. ID cards are also available on the Aetna Vision Preferred app
 - Vision Member Services: (877) 973-3238

FSA Plans



WEX:

- WEX offers a Mobile App that simplifies the experience for employees.
 - Download the app for free on Android and Apple devices. Search “Benefits by WEX” to locate the app in your phone’s online store or use the applicable links below.
 - [Apple Devices](#)
 - [Android Devices](#)
 - **EOB Smart Scan:** mobile app feature that makes filing a claim quick and easy. Snap a picture of your EOB and file a claim
 - **Eligible Expense Scanner:** Through their mobile app employees can scan barcodes on items at pharmacies and stores to instantly determine if they are eligible
- [Searchable Eligible Expense List](#)
- [FSA Calculator](#)

Healthcare FSA and Dependent Care FSA:

- Participant Services team at 866-451-3399 or customerservice@wexhealth.com

Health & Welfare Programs



Employee Assistance Program (EAP):

- EAP is available to employees and household members at no cost
- How to Access: visit [Resources for Living](#) and log in (username: IOTA, password: EAP) or call **1-888-238-6232/ TTY: 711** 24/7 to speak with someone
- For an overview of available services, check out their [EAP Flyer](#)

Services include, but not limited to:

- **Counseling**: you can access up to 5 counseling sessions per unique issue annually.
- **Daily life assistance**: finding resources for daily life
- **Legal services**: Free 30-min consultation with a participating attorney up to 3 topics
- **Financial services**: Free 30-min consultation up to 3 topics
- **Online Resources**: Articles, videos, webinars, + more.
- [Discount Center](#): Theme park/travel discounts, movies + more!

Health & Welfare Programs



Active & Fit:

- For \$25/month, you can access 10,000 gyms, including Planet Fitness, the Croc, and eSporta
- To access, log-in to Aetna to access LifeMart and enroll
- Once enrolled, take your Active & Fit number to a participating gym and receive their card

Aetna AbleTo*:

- Receive access to a leading behavioral health care provider for a specialized program
- During the 8-week program, work with two specialists weekly, a therapist and behavioral coach
- To start, contact AbleTo at 844-330-3648

** requires Aetna medical enrollment*

For more information on all plans and additional resources, be sure to bookmark and visit the [Benefits Website](#)



IOTA
COMMUNITY SCHOOLS

Thank You!

The People Team
peopleteam@iotaschools.org